

SHERWOOD PINES 10K & 5K Race Day Information

Sunday 19th July @ 11.30am

2pointB.co.uk



Directions: Situated off the B6030 between Old Clipstone and Ollerton (follow the brown tourist signs). Post code NG21 9JL (for sat navs.)

Car Park: On entering the park please follow the yellow car park signs to the event car park. Car parking is free to all competitors only in the events car park **not** in the main car park

Start Area: The start and finish area is located on the large picnic area close to the toilets and café.

Toilets: Located close to the start by the café.

Baggage: Unfortunately we do not have facilities for baggage storage but will provide a key safe service.

Race Numbers: 5K numbers are orange and 10K numbers are white. Please ensure you have received the correct colour.

Start Time: The 10k and 5K both start in the same place on the picnic area at 11.30am. Family fun runs start in the same place at approx 1pm

Course: The course is marshalled and is on well marked footpaths and bridleways. The course has 1km distance markers. There is a drinks station at 5k and the finish.

T-Shirt: All finishers of the 10K & 5K will receive a commemorative t-shirt.

Presentation: Trophies will be awarded in the following categories:
10K senior male & female, 10K Male vet (40+) Female vet (35+), Male Supervet (55+) Female Supervet (50+). 5K First male & female.
The 10K presentations will take place at approx 12.45pm by the finish area.
The 5K presentation will take place immediately at the finish line

Results: Results will be published on the website (www.2pointb.co.uk) within 24 hours. Postal results will be available please leave an SAE at the entry desk.

First Aid: Provided by St Johns

Fun runs: Approx 1pm for under 10's (1Km). Approx 1.15pm for over 10's (2km). Please note these are free funruns so numbers will not be issued. All finishers will receive a certificate. Donations to our nominated charity would be appreciated.

The Park: Sherwood Pines is a great family location. There is a variety of trails around the park, an adventure playground, cycle hire and go-ape. See www.forestry.gov.uk/england

We sincerely hope you enjoy the race and your time in the park.

If you have any further queries please email: trsp@2PointB.co.uk or telephone 07941686247

Kind Regards

Reg & Karen Bestwick (Race Organisers) www.2pointb.co.uk