

LARWOOD HEALTHY HEARTS

10K 2009

RESULTS

Race

Race No.	FIRST NAME	SURNAME	FINISHING			CLUB
			POSITION	MM	SS	
462	ANDY	WARD	1	32	12	CLOWNE ROAD RUNNERS
388	RICHARD	HARRIS	2	33	13	BINGLEY HARRIERS
281	ADAM	WELLS	3	35	10	KILLAMARSH KESTRELS
304	MATTHEW	PARKER	4	35	50	
217	EDWARD	HARDY	5	36	39	KILLAMARSH KESTRELS
350	MISKO	ABRAMIUK	6	36	43	RACING TNT
208	JOHN	WOOD	7	36	48	KILLAMARSH KESTRELS
189	DARREN	KING	8	36	54	KILLAMARSH KESTRELS
480	MARK	PALMER	9	36	56	
272	STEVEN	FORD	10	37	25	KILLAMARSH KESTRELS
273	SIMON	GREGORY	11	37	37	KILLAMARSH KESTRELS
097	SIMON	GREEN	12	38	9	
370	BEN	IVES	13	38	16	
289	CHRIS	ADAMS	14	38	22	KILLAMARSH KESTRELS
399	STEVE	BATTLE	15	38	27	WORKSOP HARRIERS
430	PAUL	SADLER	16	38	39	CLOWNE ROAD RUNNERS
116	KATE	NELSON	17	38	46	YORK KNAVEMIRE HARRIERS
477	ANDY	INNES	18	39	8	CLOWNE ROAD RUNNERS
243	DALE	PHELAN	19	39	14	KILLAMARSH KESTRELS
443	ROBERT	ROPER	20	39	15	WORKSOP HARRIERS
322	STEPHEN	GOLDTHORPE	21	39	18	
301	AMADA	CRUNDALL	22	39	29	
297	LEE	SMITH	23	39	32	KILLAMARSH KESTRELS
212	ASHDEN	MORLEY	24	39	35	KILLAMARSH KESTRELS
149	ADAM	WHITE	25	39	36	
256	PAUL	WHITE	26	39	37	KILLAMARSH KESTRELS
259	DANIEL	RADCLIFFE	27	39	38	KILLAMARSH KESTRELS
233	SARAH	KIEL	28	39	45	KILLAMARSH KESTRELS
436	PAUL	BUCHANAN	29	40	0	KIMBERWORTH STRIDERS
463	EMILY	ARMSTRONG	30	40	14	UNIVERSITY OF SHEFFIELD
427	LIAM	NORCLIFFE	31	40	40	
373	ANDY	BISHOP	32	40	42	SHEFFIELD TRIATHLON CLUB
343	RICHARD	HORSFIELD	33	40	43	DARK PEAK
012	RON	ILSLEY	34	40	45	BELPER HARRIERS
167	PAUL	REANEY	35	40	47	
352	BEN	SAXTON	36	40	54	
043	JAMES	HALL	37	41	2	
168	JOHNATHAN	MANGHAM	38	41	9	
414	MATHEW	YOUNG	39	41	16	
384	JASPER	SOUTH	40	41	21	
482	JASON	FLETCHER	41	41	28	
184	RICHARD	SELF	42	41	30	KILLAMARSH KESTRELS
075	CHRIS	ALLCARD	43	41	44	
374	TONY	SAVAGE	44	41	45	WORKSOP HARRIERS
186	GARY	ANTHONY	45	41	49	KILLAMARSH KESTRELS
002	BRENDAN	MOORE	46	41	50	

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10K 2009

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Race No.	FIRST NAME	SURNAME	FINISHING			CLUB
			POSITION	MM	SS	
130	TERRY	MILLINGTON	47	41	50	WORKSOP HARRIERS
098	SIMON	MOZLEY	48	41	51	
421	TREVOR	HISCOX	49	41	53	MANSFIELD HARRIERS
367	CHRIS	BATESON	50	41	54	
490	GARRY	WHITEHOUSE	51	42	6	
393	Glenn	Hardy	52	42	14	club city of Sheffield a.c.
109	PETER	BARNARD	53	42	21	SCUNTHORPE AND DISTRICT ATHLETICS CLUB
426	CHARLIE	EATON	54	42	26	GLOSSOPALE HARRIERS
371	JAMES	FLETCHER	55	42	30	
349	LIAM	PAUK	56	42	36	
354	STEVE	ELLIOTT	57	42	38	RIPLEY RC
013	STEPHANIE	ILSLEY	58	42	39	BELPER HARRIERS
225	STEPHEN	CROWNSHAW	59	42	44	KILLAMARSH KESTRELS
216	PHILIP	MORGAN	60	42	54	KILLAMARSH KESTRELS
181	STUART	O'DONNELL	61	43	7	
344	DAVID	OWEN	62	43	11	
365	PAUL	STUART	63	43	12	
160	SIMON	OAK	64	43	15	ALMOST ATHLETES
423	PAUL	MEERS	65	43	16	
196	KEITH	THICKETT	66	43	18	KILLAMARSH KESTRELS
232	LIZ	BURDEN	67	43	20	KILLAMARSH KESTRELS
324	ANDREW	RICHARDSON	68	43	20	UK NETRUNNER
157	STEPHEN	BAGULEY	69	43	23	
062	LUKE	COPESTAKE	70	43	24	
070	MITCHELL	KNIGHT	71	43	24	
030	DANIEL	PICKSLEY	72	43	38	KILLAMARSH KESTRELS
204	SANDRA	EDWARDS	73	43	48	KILLAMARSH KESTRELS
411	ANDY	SMART	74	43	51	NORTH DERBYSHIRE
214	BEMAMARA	SAMIR	75	43	53	KILLAMARSH KESTRELS
166	WILLIAM	BEALBY	76	43	56	SHEFFIELD TRIATHLON CLUB
308	JOHN	FLINTHAM	77	44	7	
161	STOKER	RICHARD	78	44	11	CLOWNE ROAD RUNNERS (177)
179	DEREK	POOLE	79	44	13	MOLME PIERREPONT RC
417	PETER	WALLIS	80	44	14	
495	JIM	RUST	81	44	15	MALTBY RC
063	JULIAN	WOOD	82	44	16	MANSFIELD HARRIERS
268	DARREN	BROOKS	83	44	22	KILLAMARSH KESTRELS
102	MATT	BRAMMER	84	44	32	
263	DAVID	ELSON	85	44	40	KILLAMARSH KESTRELS
091	DARREN	MOUTREY	86	44	42	
380	ALAN	HARVEY	87	44	47	
185	JOHN	GOSNELL	88	44	51	KILLAMARSH KESTRELS
501	PAUL	RODGERS	89	44	55	
213	ANDREW	MORLEY	90	44	58	KILLAMARSH KESTRELS
249	ROBERT	LEES	91	45	0	KILLAMARSH KESTRELS
334	PAUL	WHITTAKER	92	45	7	

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10K 2009

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Race No.	FIRST NAME	SURNAME	FINISHING			CLUB
			POSITION	MM	SS	
422	BRIAN	MILLS	93	45	9	
432	RUSSELL	HAYWOOD	94	45	13	WORKSOP HARRIERS
187	JASPER	SOUL	95	45	22	KILLAMARSH KESTRELS
115	IAN	GUEST	96	45	27	
498	BARBARA	RUSLINK	97	45	35	MALTBY RC
459	TONY	REDFERN	98	45	39	MALTBY RC
151	MALC	GONNELLA	99	45	42	NDRC
223	KEVIN	ROWLES	100	45	44	KILLAMARSH KESTRELS
230	KATIE	BARKER	101	45	45	KILLAMARSH KESTRELS
226	PAUL	BLAND	102	45	48	KILLAMARSH KESTRELS
355	STEVEN	HATTERSLEY	103	45	50	CLOWNE ROAD RUNNERS
141	RICK	CARLESS	104	45	53	
481	LIZ	DRY	105	45	54	NORTH DERBYSHIRE
497	NIGEL	DEAKIN	106	45	55	MALTBY RC
461	DAVID	WARD	107	45	56	WORKSOP HARRIERS
031	KERRY	BOOTH	108	46	0	ROTHERHAM HARRIERS
001	JOHN	BURROWS	109	46	1	
408	JAMES	LANGLEY	110	46	3	CANADA
457	TERRY	MAJOR	111	46	4	
345	RHIAN	OWEN	112	46	8	
037	IAN	WHYMAN	113	46	9	
023	ANTONY	BILLINGHURST	114	46	17	steel city striders
071	GREG	SUTHERLAND	115	46	18	
433	ANION	KALMAR	116	46	18	WORKSOP HARRIERS
368	KEVIN	DALE	117	46	28	STEEL CITY STRIDERS
456	CHRIS	CHESTER	118	46	31	
341	ROBERT	LORD	119	46	32	RETFORD AC
412	PAUL	FRENCH	120	46	40	ROTHER VALLEY SWALLOWS
064	EVA	WILLIAMS	121	46	46	MANSFIELD HARRIERS
496	LINSAY	RUST	122	46	49	MALTBY RC
478	RUSSELL	DAVIS	123	46	51	
375	MARY	MILLS	124	46	54	HOLME PIERRPONT
158	LAUREN	WHITT	125	46	58	
473	VICKI	OAK	126	46	59	WORKSOP HARRIERS
148	ROBERT	SUTTON	127	47	0	
328	PAT	BAILEY	128	47	2	STEEL CITY STRIDERS
363	CHRISTOPHER	RILEY	129	47	2	
236	DARREN	STONE	130	47	2	KILLAMARSH KESTRELS
165	RICHARD	GROCOCK	131	47	4	
120	JOHN	PROFFITT	132	47	14	CLOWNE ROADRUNNING CLUB
105	CLARE	COOMBES	133	47	19	MANSFIELD
145	EDWARD	SLATER	134	47	26	
325	ROB	PEARCE	135	47	26	BELPER HARRIERS
126	MADDY	COLLINGE	136	47	27	MANSFIELD HARRIER
257	SUSAN	WHITE	137	47	29	KILLAMARSH KESTRELS
227	JAYNE	HORRY	138	47	29	KILLAMARSH KESTRELS

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Race No.	FIRST NAME	SURNAME	FINISHING			CLUB
			POSITION	MM	SS	
025	GLENN	DURKIN	139	47	29	
245	TERRY	STANLEY	140	47	33	KILLAMARSH KESTRELS
026	HEATHER	THORNTON	141	47	35	
060	MAURICE	FARMERLY	142	47	38	
218	MARTIN	SHAW	143	47	51	KILLAMARSH KESTRELS
458	ROBERT	SALTHOUSE	144	47	58	
409	BRYAN	BONSER	145	48	0	WORKSOP HARRIERS
087	CHRISTOPHER	PATRICK	146	48	1	
018	PAUL	TAYLOR	147	48	4	
139	JANE	SEDGEWICK	148	48	5	
419	COLIN	BOSTOCK	149	48	13	LONG EATON RUNNING CLUB
051	PAUL	ALEXANDER	150	48	17	
317	JASON	FORES	151	48	18	BELPER HARRIERS
118	MELANIE	ADAMS	152	48	19	CLOWNE ROADRUNNING CLUB
274	RICHARD	DRURY	153	48	23	KILLAMARSH KESTRELS
321	STEVE	BROWN	154	48	25	
340	SIMON	LORD	155	48	29	RETFORD AC
059	PAUL	RICE	156	48	33	WOLDS VETS
205	TERENCE	PEARSON	157	48	43	KILLAMARSH KESTRELS
250	ROBERT	SHEPHERDSON	158	48	43	KILLAMARSH KESTRELS
407	ANDREW	JONES	159	48	45	
424	CAROLINE	McGINLEY	160	48	48	WORKSOP HARRIERS
356	GEOFF	GORRINGE	161	48	48	WORKSOP HARRIERS
207	JOHN	PEARSON	162	49	0	KILLAMARSH KESTRELS
265	IAN	WHITTAKER	163	49	3	KILLAMARSH KESTRELS
163	DAVID	ROSE	164	49	3	
241	GRAHAM	CODDINGTON	165	49	8	KILLAMARSH KESTRELS
360	LEE	WEATHERALL	166	49	11	
450	GREG	GODDARD	167	49	13	CLOWNE ROAD RUNNERS
010	KATHLEEN	DAVIS	168	49	14	
041	KAREN	RAWSON	169	49	16	CLOWNE ROAD RUNNERS
403	NICHOLAS	UNWIN	170	49	25	
493	STEVE	HIGINS	171	49	34	
440	JIM	LOCKWOOD	172	49	37	
347	MAX	UNDERWOOD	173	49	47	
342	SUNIL	VIDHANI	174	49	48	RETFORD AC
171	DUNCAN	BELL	175	49	54	
170	WILLIAM	IWALTITON	176	49	56	
175	ALEN	BALL	177	49	57	KILLAMARSH KESTRELS
176	BOB	MELLOR	178	49	57	KILLAMARSH KESTRELS
416	DANIEL	WHITE	179	49	58	
061	DARREN	GALE	180	50	3	
152	ANDREW	HOOKER	181	50	10	
066	SARAH	ECCLES	182	50	10	
357	ALISON	BARTLETT	183	50	19	
437	MARIE	BUCHANAN	184	50	21	

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10K 2009

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Race No.	FIRST NAME	SURNAME	FINISHING			CLUB
			POSITION	MM	SS	
138	ISOBEL	BEADLE	185	50	23	SOUTHWELL RC
295	RHIAN	BRADY	186	50	24	KILLAMARSH KESTRELS
234	DAVID	ORRIDGE	187	50	24	KILLAMARSH KESTRELS
488	STEPHEN	FISHER	188	50	25	
502	LEE	BRASSINGTON	189	50	27	
338	PAUL	LEWIS	190	50	29	NONE
222	PENNY	DAVIDSON	191	50	30	KILLAMARSH KESTRELS
220	ANNE	FROST	192	50	32	KILLAMARSH KESTRELS
318	JANET	TURLEY	193	50	33	
372	BERNARD	FLETCHER	194	50	35	
135	JAMIE	WALLER	195	50	36	ROTHER VALLEY SWALLOWS
260	NICOLA	ROSS	196	50	38	KILLAMARSH KESTRELS
106	MIKE	READ	197	50	47	
415	BEN	BARLEY	198	50	56	
113	MARK	MORRISON	199	51	2	
219	PAUL	FROST	200	51	3	KILLAMARSH KESTRELS
244	GINA	STANLEY	201	51	4	KILLAMARSH KESTRELS
162	COY	PAUL	202	51	10	
474	MICHAEL	MONKS	203	51	10	REDHILL ROAD RUNNERS
420	MARK	GOODINSON	204	51	12	
410	ANDREW	GOODALL	205	51	15	
329	DAWN	JACKSON	206	51	17	STEEL CITY STRIDERS
104	TRACY	WALKER	207	51	19	
489	PAUL	FISHER	208	51	20	
453	ROGER	HELM	209	51	23	
033	CHRISTOPHER	FLINTHAM	210	51	27	MALTBY RUNNING CLUB
146	LAURA	MARSHALL	211	51	28	
362	JIM	CARLEY	212	51	28	
153	STEPH	BALDWIN	213	51	31	
065	BRANDON	TITTERINGTON	214	51	32	
251	AMY	GOULD	215	51	33	KILLAMARSH KESTRELS
201	KATIE	STOCKS	216	51	41	KILLAMARSH KESTRELS
294	MYLTEY	WINSTANLEY	217	51	42	KILLAMARSH KESTRELS
400	MICK	HANKS	218	51	44	CLOWNE ROAD RUNNERS
390	KEELEY	ASHTON	219	51	45	
381	TREVOR	BROWN	220	51	50	STEEL CITY STRIDERS
211	SCOTT	WALKER	221	51	50	KILLAMARSH KESTRELS
358	SIMON	MORLEY	222	51	51	
483	LAURA	SHARP	223	51	54	
332	MARK	YELLOPS	224	51	57	
476	ANDREW	THORPE	225	51	57	
471	JOHN	TRACEY	226	52	3	
382	DAVID	THORPE	227	52	5	MALTBY RC
290	PAUL	O'SULLIVAN	228	52	7	KILLAMARSH KESTRELS
074	THOMAS	PODMORE	229	52	8	
084	CHRIS	BYE	230	52	14	

LARWOOD HEALTHY HEARTS

10K 2009

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Race No.	FIRST NAME	SURNAME	FINISHING			CLUB
			POSITION	MM	SS	
351	HAMBASA	GRIFFITHS	231	52	18	
336	PAUL	RANDLE	232	52	19	
307	MICHAEL	HILL	233	52	20	ROTHERHAM HARRIERS
237	ALAN	CHAMBERS	234	52	22	KILLAMARSH KESTRELS
401	PAUL	SUMMERLEY	235	52	26	CLOWNE ROAD RUNNERS
369	OWEN	PURSELL	236	52	30	NONE
346	DENNIS CHARLES	REESON	237	52	31	REDHILL ROAD RUNNERS
337	JOHN	HUTCHINSON	238	52	42	
284	KEITH	GRAYSON	239	52	45	KILLAMARSH KESTRELS
254	CLINTON	BARNES	240	52	45	KILLAMARSH KESTRELS
366	FIONA	BATESON	241	52	50	
402	COLIN	MORRIS	242	52	51	
383	ROBERT	HOUGHTON	243	53	2	MALTBY RC
269	VERNON	JULIE	244	53	3	KILLAMARSH KESTRELS
389	NATHALIE	HARRIS	245	53	5	ROTHER VALLEY SWALLOWS
441	STEPHEN	MELBOURNE	246	53	9	
209	DAN	HIGINS	247	53	11	KILLAMARSH KESTRELS
235	DAVE	HIGGINS	248	53	11	KILLAMARSH KESTRELS
413	RICHARD	HILLMAN	249	53	21	
276	JENNY	LIPPITT	250	53	25	KILLAMARSH KESTRELS
198	JOHN	DAVENPORT	251	53	25	KILLAMARSH KESTRELS
278	DAVID	DOWN	252	53	26	KILLAMARSH KESTRELS
182	TRACY	MANDERS	253	53	27	LINCOLN DISTRICT RUNNERS
178	SANDRA	POOLE	254	53	30	MOLME PIERREPONT RC
287	RACHEL	THORPE	255	53	38	KILLAMARSH KESTRELS
323	SIMON	BUTCHER	256	53	43	
444	DAVID	RHODES	257	53	51	
019	IAN	HULLEY	258	53	55	
073	PHILLIP	MALLON	259	53	56	
247	RICHARD	MOTTRAM	260	53	56	KILLAMARSH KESTRELS
434	TRACY	BURG	261	54	0	
293	GLEN	MARSHALL	262	54	1	KILLAMARSH KESTRELS
036	MICHAEL	GAMBLE	263	54	4	
468	PETER	SELBY	264	54	6	
228	CHRIS	HORRY	265	54	8	KILLAMARSH KESTRELS
298	LIZ	SMITH	266	54	11	KILLAMARSH KESTRELS
267	KATY	BURNETT	267	54	14	KILLAMARSH KESTRELS
266	ANDREA	WHITTAKER	268	54	18	KILLAMARSH KESTRELS
465	HEIDI	COTTON	269	54	19	
306	MARTIN	DENNIS	270	54	24	
472	MARK	REYNOLDS	271	54	26	
078	ROGER	PURKISS	272	54	26	
395	RICHARD	ASHER	273	54	27	
017	BOB	TRUSWELL	274	54	32	
439	GAVIN	WRAY	275	54	33	
486	SALLY	ROBINSON	276	54	35	

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10K 2009

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Race No.	FIRST NAME	SURNAME	FINISHING			CLUB
			POSITION	MM	SS	
320	LEE	GORDON	277	54	38	
072	ANDY	FRENCH	278	54	40	
089	TIM	SHILES	279	54	51	
487	CAROLINE	CHAPMAN	280	54	55	
425	JAQUI	TUFFNELL	281	54	59	
406	GILL	FREER	282	55	0	ROTHER VALLEY SWALLOWS
315	LISA	PINCHES	283	55	0	
177	LINDA	BREEN	284	55	1	ROTHER VALLY SWALLOWS
291	CHERYL	SMITH	285	55	11	KILLAMARSH KESTRELS
305	ROBERT	MAY	286	55	12	
316	CATHERINE	MHEMBERE	287	55	14	
431	JULIE	HOLLOWAY	288	55	18	
429	CHRIS	WHITELEY	289	55	19	
047	DERMOT	TOBERTY	290	55	20	
479	DAVID	FORBES	291	55	28	
494	LYNNE	SCHULLER	292	55	44	MALTBY RC
277	PETER	DOWN	293	55	46	KILLAMARSH KESTRELS
280	MICHAEL	BRIGGS	294	55	46	KILLAMARSH KESTRELS
285	HELEN	BEDDOW	295	55	52	KILLAMARSH KESTRELS
121	ALAN	YOUNG	296	55	57	
333	ALISON	BUCKENHAM	297	56	8	
085	ROGER	HARDY	298	56	15	
392	ANDY	HILL	299	56	16	
470	GARY	NEWELL	300	56	27	
016	PETER	SLINGSBY	301	56	29	ROTHER VALLEY SWALLOWS
088	ALLIE	BUCKINGHAM	302	56	31	
246	JOANNE	BRADLEY	303	56	32	KILLAMARSH KESTRELS
090	ADRIAN	HUDSON	304	56	40	
491	CHRISTINE	NEESON	305	56	47	
296	SALLY	SMITH	306	56	51	KILLAMARSH KESTRELS
193	JANE	CROWNSHAW	307	56	51	KILLAMARSH KESTRELS
442	KIRSTIE	MARSLAND	308	56	53	
125	FRANK	ROBERTS	309	56	57	
248	LUCY	MOTTRAM	310	57	2	KILLAMARSH KESTRELS
467	DAVID	WINDLE	311	57	8	
299	PAUL	SMIRH	312	57	17	KILLAMARSH KESTRELS
449	PAUL	SOUTHERN	313	57	20	
156	JAMES	DURO	314	57	25	
133	ALAN	FELLOWS	315	57	27	
068	NICOLE	ERLEN	316	57	36	
054	CRAIG	RICHARDS	317	57	37	
114	DAVID	WHITWORTH	318	57	37	
445	PAUL	HEWLETT	319	57	41	
469	JANET	KING	320	57	44	
040	SARAH	FRY	321	57	54	
418	HELEN	HAND	322	57	54	

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10K 2009

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			POSITION	MM	SS	
194	SALLY	RISSBROOK	323	58	2	KILLAMARSH KESTRELS
253	JANE	BARNES	324	58	2	KILLAMARSH KESTRELS
122	STEVEN	DALEY	325	58	4	
011	ANGELA	GILL	326	58	8	
048	JOANNE	LANCASTER	327	58	13	CLOWNE ROAD RUNNERS
492	GARY	LYSTER	328	58	21	
454	CLODAGH	CORBET	329	58	25	
128	ANDREW	BURTON	330	58	27	KILLAMARSH KESTRELS
004	BERNADETTE	HAYES	331	58	29	
221	KEITH	BAILEY	332	58	30	KILLAMARSH KESTRELS
309	SIMON	BELLAMY	333	58	31	
435	HANNAH	THOMPSON	334	58	35	ROTHER VALLEY SWALLOWS
134	NIGEL	STEVENS	335	58	53	
379	CATHERINE	JONES	336	58	56	TICKHILL RUNNING CLUB
169	LEE	MADIN	337	58	57	
262	ZOEWIE	ELSON	338	59	0	KILLAMARSH KESTRELS
397	LISA	WHITE	339	59	6	
396	GILLIAN	WHITE	340	59	7	
123	JOHN	MARRIOT	341	59	30	
147	LYNNE	SUTTON	342	59	45	
484	DEBI	HOMER	343	59	51	
460	JAMIE	TUNSTALL	344	59	53	
124	JOY	MARRIOT	345	59	54	
348	TONY	UNDERWOOD	346	59	54	
057	ANIL	JOOTNA	347	60	11	
086	RACHEL	PATRICK	348	60	13	
361	MAUREEN	WHITT	349	60	16	
303	ANDREW	RUSSELL	350	60	16	
021	LISA	BODELL	351	60	21	
202	LISA	RAY	352	60	27	KILLAMARSH KESTRELS
082	DAVID	SEARS	353	60	32	MALTBY RUNNING CLUB
080	LYNDA	POGSON	354	60	32	MALTBY RUNNING CLUB
242	SUE	SPEED	355	60	34	KILLAMARSH KESTRELS
302	RUTH	RUSSELL	356	60	36	
032	JULIE	PICKERING	357	60	40	
119	SUZANNE	GREENHALGH	358	60	44	NORTH DERBYSHIRE
190	CHRIS	TURNER	359	60	48	KILLAMARSH KESTRELS
191	SUE	TURNER	360	60	48	KILLAMARSH KESTRELS
144	CAROL	WELLS	361	60	53	
452	DEBBIE	HELM	362	60	56	
164	CAROLINE	JONES	363	60	58	
387	RAY	MATHEWS	364	60	58	MALTBY RC
183	HELEN	MCDONOUGH	365	61	7	
159	DEBBIE	BOWERS-DYER	366	61	10	NONE
464	MICHAEL	BRIGGS	367	61	11	KILLAMARSH KESTRELS
137	ADRIAN	HILL	368	61	21	

LARWOOD HEALTHY HEARTS

10K 2009

RESULTS

Race

Race No.	FIRST NAME	SURNAME	FINISHING			CLUB
			POSITION	MM	SS	
093	ALAN	MORTON	369	61	34	
206	REBECCA	FIERMAN	370	61	41	KILLAMARSH KESTRELS
255	GLEN	PLATTS	371	61	41	KILLAMARSH KESTRELS
108	KATY	VOISEY	372	62	2	
197	GILLIAN	GRAYSON	373	62	9	KILLAMARSH KESTRELS
475	ANDY	STOTT	374	62	9	
096	BARRY	POND	375	62	18	
154	TONY	HARRISON	376	62	34	
069	KEN	NEWTON	377	62	35	KILLAMARSH KESTRELS
210	ANGELA	NEWTON	378	62	36	KILLAMARSH KESTRELS
391	GARRY	NEEDHAM	379	62	42	MALTBY RUNNING CLUB
009	HELEN	STUBBS	380	62	44	
008	PETER	STUBBS	381	62	44	
466	KATHERINE	COOK	382	62	46	
327	HESTER	RUSSELL	383	62	57	
312	CATHERINE	BROWN	384	63	3	
045	LYNDA	WAY	385	63	18	
339	DAVE	ROBERTS	386	63	31	
024	DEREK	PURSELL	387	63	44	
100	ANGIE	JACKSON	388	64	9	
180	NICHOLA	CARR	389	64	18	ROTHER VALLEY SWALLOWS
300	DANIEL	BROOKS	390	64	23	
203	ANNE	BAGSHAW	391	64	36	KILLAMARSH KESTRELS
319	DUNCAN	LENNOX	392	64	39	
079	SARAH	LYNCH	393	64	39	
448	SARAH	SOUTHERN	394	64	46	
447	SUSAN	SOUTHERN	395	64	46	
446	GILLIAN	HEWLETT	396	64	46	
311	WENDY	WESTLAKE	397	65	6	
378	JENNIFER	HARRISON	398	65	17	TICKHILL RUNNING CLUB
099	DIANE	BEST	399	66	0	
005	PETER	HAYES	400	66	1	
003	SARAH	SCHROETER	401	66	1	
238	ANN	CHAMBERS	402	66	3	KILLAMARSH KESTRELS
239	LESLEY	WALSH	403	66	3	KILLAMARSH KESTRELS
282	HELEN	DRURY	404	66	3	KILLAMARSH KESTRELS
020	KATHRYN	FRITH	405	66	10	
022	WENDY	BLACKBOURN	406	66	10	
110	ROGER	FLOWER	407	66	19	
314	BEN	ANDERSON	408	66	20	
006	JUNE	KELSEY	409	66	43	ROTHER VALLEY SWALLOWS
007	PAT	DYSON	410	66	43	ROTHER VALLEY SWALLOWS
485	CHRISTINE	JENKINSON	411	66	53	
094	NATASHA	POND	412	67	9	
292	PHIL	KEEN	413	67	9	KILLAMARSH KESTRELS
252	MARILYN	TAYLOR	414	67	28	KILLAMARSH KESTRELS

LARWOOD HEALTHY HEARTS

10K 2009

RESULTS

Race

Race No.	FIRST NAME	SURNAME	FINISHING			CLUB
			POSITION	MM	SS	
117	SUE	SCOTT	415	67	29	TICKHILL RUNNING AND ATHLETICS CLUB
499	JOANNE	ROUMCE	416	67	53	
500	MARK	BILLINGHAM	417	67	53	
283	FIONA	GRAYSON	418	68	6	KILLAMARSH KESTRELS
451	JOHANNA	BRENNAN	419	68	6	
049	VAL	HOPEWELL	420	68	35	
353	NANCY KAYE	MARRIS	421	68	50	
335	GILLIAN	WHITTAKER	422	69	40	
053	JOAN	MARPLES	423	69	57	
052	GRAHAM	MARPLES	424	69	57	
095	CHRISTINE	POND	425	70	5	
313	BOB	HORGAN	426	71	23	
050	JACQUI	HANNABY	427	71	30	
056	RONALD	COATES	428	71	51	MIDLAND VETS AC
081	JANET	BUTTERWORTH	429	72	9	CLOWNE ROAD RUNNING CLUB
101	PHILLIP	DAVIS	430	72	20	
215	AMANDA	LUND	431	72	43	KILLAMARSH KESTRELS
405	DIANE	TROW	432	72	50	MALTBY RC
404	PATRICIA	TURPIN	433	73	0	MALTBY RC
129	RACHEL	BURTON	434	74	40	KILLAMARSH KESTRELS
132	SIMONE	FELLOWS	435	74	49	
131	CAROLINE	SUTLIFFE	436	74	49	
092	STEPHANIE	TYRELL	437	81	0	
035	SUSIE	KENT	438	81	33	
034	MICK	MAULE	439	81	33	
192	LESLIE	CROWNSHQW	440	82	22	KILLAMARSH KESTRELS
271	ELAINE	SENIOR	441	82	22	KILLAMARSH KESTRELS
438	LESTER	MORRIS	442	82	22	APPLE ONE
394	JOHN	BURKHILL	443	82	23	KILLAMARSH KESTRELS
386	JEFFEREY	UNDERWOOD	444			
455	JEAN	UNDERWOOD	445			
385	WENDY	UNDERWOOD	446			